



**GENERAL HEALTH HISTORY INTAKE**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

May we add you to our e-mail list to receive occasional announcements about promotions and updates? **Yes** **No**

Date of Birth: \_\_\_\_\_ Occupation: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

How did you hear about Azima Therapeutic Massage? \_\_\_\_\_

Please describe the reason for your visit today: \_\_\_\_\_

\_\_\_\_\_

Are you taking any medications? **Yes** **No**  
If yes, please list: \_\_\_\_\_

Are you pregnant? **Yes** **No** Due Date: \_\_\_\_\_

Are you currently undergoing cancer treatment or have you ever been treated for cancer? **Yes** **No**  
**If yes, please complete the Oncology Massage Intake Form**

Have you had a professional massage before? **Yes** **No**

If yes, was there anything you particularly liked or disliked about your past massage treatments? \_\_\_\_\_

\_\_\_\_\_

Are you experiencing excessive or unexpected stress in your work, family, or other aspect of your life? **Yes** **No**

If yes, please explain: \_\_\_\_\_

Please check any condition listed below that applies to you:

- |  |   |   |  |
|--|---|---|--|
| <input type="checkbox"/> contagious skin condition | <input type="checkbox"/> phlebitis                        | <input type="checkbox"/> allergies to oils or perfume | <input type="checkbox"/> broken bones    |
| <input type="checkbox"/> open sores or wounds      | <input type="checkbox"/> deep vein thrombosis/blood clots | <input type="checkbox"/> high/low blood pressure      | <input type="checkbox"/> heart condition |
| <input type="checkbox"/> easy bruising             | <input type="checkbox"/> arthritis/bursitis               | <input type="checkbox"/> circulatory disorder         | <input type="checkbox"/> HIV             |
| <input type="checkbox"/> recent accident or injury | <input type="checkbox"/> osteoporosis                     | <input type="checkbox"/> varicose veins               | <input type="checkbox"/> scoliosis       |
| <input type="checkbox"/> recent surgery            | <input type="checkbox"/> epilepsy                         | <input type="checkbox"/> TMJ                          | <input type="checkbox"/> tumors, cysts   |
| <input type="checkbox"/> artificial joint          | <input type="checkbox"/> headaches/migraines              | <input type="checkbox"/> carpal tunnel syndrome       | <input type="checkbox"/> whiplash        |
| <input type="checkbox"/> sprains/strains           | <input type="checkbox"/> diabetes                         | <input type="checkbox"/> tennis elbow                 |  |
| <input type="checkbox"/> current fever             | <input type="checkbox"/> fibromyalgia                     | <input type="checkbox"/> neuropathy/numbness/tingling |  |
| <input type="checkbox"/> swollen glands            | <input type="checkbox"/> back/neck problems               | <input type="checkbox"/> contact lenses               |  |

Is there anything else about your health history that you think would be useful for your massage practitioner to know in order to plan a safe and effective massage session for you? \_\_\_\_\_

\_\_\_\_\_

I affirm that I have stated all my known medical condition and answered all questions honestly. I agree to keep the therapist updated as to any changes in my medical profile and understand that there shall be no liability on the therapist's part should I fail to do so.

I understand that the massage I receive is provided for the basic purpose of relaxation and relief of muscular tension.

I understand that the massage therapist does not diagnose illness, disease, or any other physical or mental disorder. As such, the massage therapist does not prescribe medical treatment, or pharmaceuticals, nor does the therapist perform any spinal manipulations.

I understand that I have the right to terminate a massage therapy session at any time should I feel that the treatment I am receiving is inappropriate and/or not fulfilling the treatment goals set by myself and the massage therapist.

I understand that any inappropriate behavior on my part will lead to the immediate termination of my treatment by my massage therapist, and that payment for the full session will be required.

I understand that when I make an appointment, that time is reserved exclusively for me. I will remit payment for any appointments not cancelled at least 24 hours in advance (barring illness or emergency.)

I have read and understand the above conditions and policies.

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(Signed)

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(Dated)